

**January – June 2025**

**Message from Principal's Desk**

In the vibrant journey of Little Lourdes College of Nursing, each year brings fresh opportunities to inspire, learn, and grow together. As we present the 2025 edition of our biannual newsletter, I take immense pride in reflecting on the dedication, resilience, and achievements of our students, faculty, and staff.

The past months have been marked by significant academic initiatives, skill-enhancement programs, and community outreach activities that reaffirm our mission of excellence in nursing education and compassionate service. Our commitment to holistic development, rooted in ethical values and scientific rigor, continues to shape our learners into competent and empathetic healthcare professionals.

I extend heartfelt appreciation to our faculty for their unwavering guidance, to our students for their enthusiasm to excel, and to our alumni for being torchbearers of our values in the wider world. May this newsletter serve both as a record of our shared successes and an inspiration for future endeavors.

Together, let us stride forward, embracing innovation, embodying care, and keeping the spirit of Little Lourdes alive in every heart we touch.



## EDITORIAL BOARD



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**Assistant Professor**



**Ms. Poonam Mary Kurian**  
**Assistant Professor**



**Ms. Geethu Kurian**  
**Lecturer**



**Mr. Syam Kumar. S**  
**8<sup>th</sup> Semester Student**

## **FACULTY**



## **OUR FORMER STAFF**



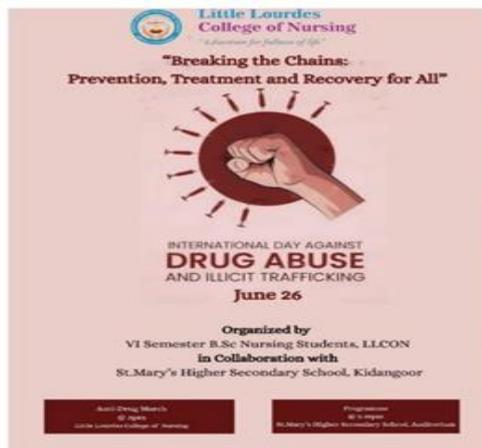
**Sr. Jyothy Jose SVM**

## INTERNATIONAL DAY AGAINST DRUG ABUSE AND ILLICIT TRAFFICKING 2025

On 26.06.2025, the International Day Against Drug Abuse and Illicit Trafficking was observed at St. Mary's HSS, Kidangoor. The programme was organized by the NSS Unit of Little Lourdes College of Nursing in association with Sradha and Nerkoottam, in collaboration with St. Mary's HSS, Kidangoor. As part of the event, students conducted an anti-drug rally, spreading the message "No to Drugs."

Sr. Starly, Vice Principal of LLCON, presided over the function. The programme was inaugurated by Adv. Binu E. M., Panchayath President, while Mr. Shelly Joseph (Principal, St. Mary's HSS) and Ms. Anajo Jose (Associate Professor, LLCON) offered felicitations. Mr. Jexy Joseph, Assistant Excise Inspector, delivered the keynote address, and Mr. Mahesh K. L., Station House Officer, Kidangoor, honored the students for their active participation.

The programme concluded successfully by 4.30 pm, leaving a strong message on the importance of a drug-free society.

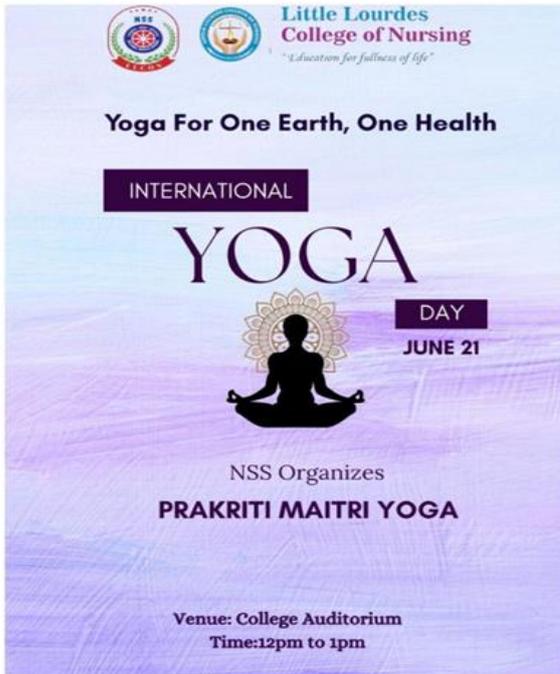




**Drug Campaign Award Winner: Ms. Gouri Krishna (2022 Batch)**

## INTERNATIONAL YOGA DAY 2025

On June 21, 2025, International Yoga Day was celebrated at Little Lourdes College of Nursing at 12 pm. The programme was organized by the NSS Unit of the college. Ms. Shivakami B, 4th semester student, guided the students and teachers through various yoga poses, and all participants actively practiced yoga as part of the event. The celebration highlighted the importance of yoga in promoting physical and mental well-being.



International Yoga Day Celebration

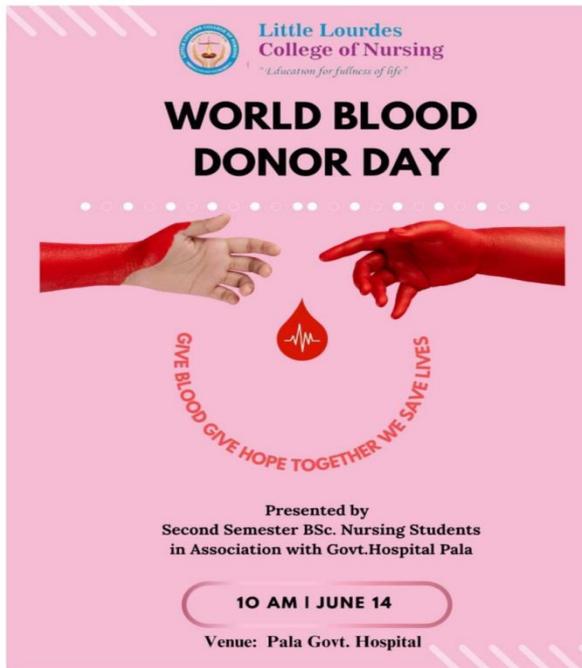
## ETHNIC DAY AND MEN'S DAY CELEBRATION

On 19.06.2025, Ethnic Day and Men's Day were celebrated together at 2 pm in the college auditorium. As part of the Ethnic Day celebrations, a batch-wise fashion show based on the ethnic theme was conducted, showcasing the cultural diversity of the students. On the occasion of Men's Day, all the men in the college were honored with a token of love as a gesture of appreciation. The event created a joyful and inclusive atmosphere among the students and faculty.



## BLOOD DONOR'S DAY CELEBRATION 2025

On June 14, 2025, the students of Little Lourdes College of Nursing organized the World Blood Donor's Day celebration at Pala Government Hospital. The programme emphasized the importance of voluntary blood donation and encouraged participants to contribute towards saving lives.



## WORLD ENVIRONMENTAL DAY CELEBRATION

On June 5, 2025, World Environment Day was celebrated at Little Lourdes College of Nursing, organized by the NSS Unit. Rev. Fr. Jose Kadavilchirayil delivered the message and inaugurated the programme by planting a tree in the college garden. As part of the celebration, students actively participated in cleaning the college campus and its premises, spreading the message of environmental responsibility and sustainability.



## SPRINT 2025/SNA EAST ZONE SPORTS MEET 2025

The SNA East Zone Sports Meet was held on 23.05.2025 at Pala Municipal Stadium, hosted by Little Lourdes College of Nursing. The programme was inaugurated by Shri. Chandy Oomman MLA, followed by the presidential address delivered by Ms. Bismi Navas. The Olympic torch was received by Mr. Thomas Peter, marking the commencement of the events. A total of 26 colleges from the East Zone participated in various sports competitions, showcasing their talent, teamwork, and sportsmanship.





**STUDENTS GOT FIRST PRIZE IN SNA ZONAL LEVEL KHO-KHO COMPETITION**



## NURSE'S DAY CELEBRATION 2025

On 12.05.2025, International Nurses Day was celebrated at the auditorium of Little Lourdes College of Nursing with the active participation of all staff and students. Various competitions were conducted for the students, and the winners were awarded prizes. The programme highlighted the dedication, compassion, and invaluable contribution of nurses to healthcare.



## MOKSHA - FREE MEDICAL CAMP & EXHIBITION 2025

On 04.05.2025, Little Lourdes Mission Hospital, in association with Little Lourdes College of Nursing and Punnathura St. Thomas Knanaya Catholic Church, organized a free medical camp for the local community. Doctors from various departments were available to provide consultations and medical guidance. Alongside the camp, the students of Little Lourdes College of Nursing arranged an exhibition to spread health awareness among the public. The programme benefited the natives by offering accessible healthcare services and promoting community well-being.



## GRADUATION CEREMONY – B.SC. NURSING BATCH 2020

On 28.04.2025, the graduation ceremony of the 2020 batch B.Sc. Nursing students was held at the Good Samaritan Auditorium, Cherpunkal. The programme was inaugurated by Prof. Dr. Sabu Thomas and presided over by Rev. Sr. Sunitha SVM. On this occasion, the college newsletter was released by Prof. Dr. John S. Moolakkat. The ceremony marked a memorable milestone in the academic journey of the graduating students.



## STATE LEVEL WORKSHOP ON RESEARCH METHODOLOGY & RESEARCH DAY CELEBRATION

On 10.04.2025, the VII semester students, in coordination with the OBG Department and the Internal Quality Assurance Cell, organized a State Level Workshop on Research Methodology along with Research Day celebrations at the auditorium of Little Lourdes College of Nursing. The programme was inaugurated by Rev. Sr. Sunitha SVM, Director, Little Lourdes Mission Hospital. The workshop aimed at enhancing research skills among students and faculty, fostering a culture of evidence-based practice in nursing education.



## INTERNATIONAL HAPPINESS DAY

On 20.03.2025, International Happiness Day was celebrated at Little Lourdes College of Nursing by the 5th semester B.Sc. Nursing students in association with the Mental Health Nursing Department. The programme highlighted the importance of positive mental health and shared activities that promoted joy, well-being, and togetherness among students.



## ANTI DRUG CLUB ACTIVITY

On 08.04.2025, an Anti-Drug Club activity was conducted at the college auditorium. As part of the programme, a short film on drug abuse was presented, creating awareness among the students. All members of the Little Lourdes College of Nursing family took a pledge against drug abuse, reinforcing their commitment to a drug-free campus and society.



# SNEHASPARCHAM 2K25 - INAUGURATION OF COMMUNITY OUTREACH CENTRE

On 02.04.2025, the Community Outreach Centre was inaugurated at Kummannoor Cultural Centre by Mr. Mons Joseph, MLA. The programme was organized by Little Lourdes College of Nursing in coordination with Little Lourdes Mission Hospital and the Community Health Center, Koodalloor. The initiative aims to extend healthcare services and health awareness activities to the community, strengthening the bond between the institution and society.



## BIPOLAR DAY CELEBRATIONS

On 27.03.2025, World Bipolar Day was observed by the 5th semester students of Little Lourdes College of Nursing. The programme aimed to create awareness about bipolar disorder and promote mental health among students and the community.



World  
Bipolar  
Day

## PTA GENERAL BODY MEETING & AWARENESS CLASS ON DRUG ABUSE

On 22.03.2025, the PTA General Body Meeting was held at the college auditorium. As part of the programme, an awareness class on drug abuse was also conducted, focusing on the harmful effects of substance use and the importance of prevention. Parents, teachers, and students actively participated, making the session both informative and impactful.

 **Little Lourdes**  
**College of Nursing**  
*"Education for fullness of life"*

**PTA GENERAL BODY MEETING 2025**

ബോധവൽക്കരണ ക്ലാസ്സ്

“ലഹരിയിൽ മയങ്ങുന്ന യുവത്വം”  
മാതാപിതാക്കൾ അറിയേണ്ടത്

Resource Persons

  
Mr. U M Joshy  
Excise Preventive Officer  
Excise Range Office, Kuravilangad

  
Mr. Rahul Raj  
Excise Inspector  
Excise Office, Kuravilangad

**ORGANIZED BY**  
**ANTI-DRUG CLUIB**  
**SRADHA & NEERKOTTAM IN ASSOCIATION WITH SSGP**

**Venue: College Auditorium**  
**Date: 22/03/2025**  
**Time : 2pm**

## FIT INDIA CAMPAIGN

On 22.03.2025, the NSS unit of our college organized a Fit India Campaign at the campus. As part of the programme, students actively practiced yoga to promote physical and mental well-being. Those who were skilled in yoga guided and trained their peers, encouraging a culture of fitness and healthy living among the student community.



## ORAL HEALTH DAY CELEBRATIONS

On 20.03.2025, World Oral Health Day was celebrated at Little Lourdes Nursery School, Kidangoor. The programme was organized by the I semester B.Sc. Nursing students, who conducted various activities for the children, including an awareness class and poster presentations. The event aimed to instill healthy oral hygiene practices among the young learners in an engaging and interactive manner.



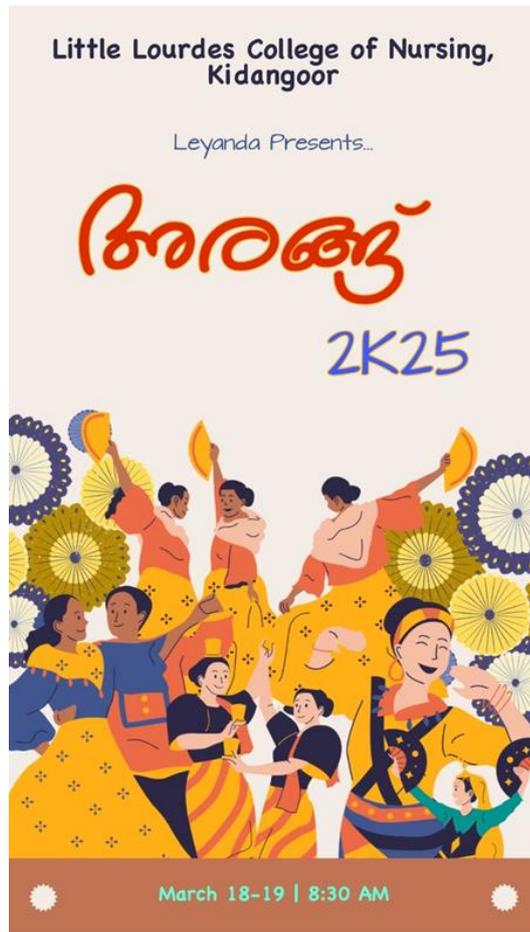
## Sports Day at Little Lourdes College of Nursing

The sports competitions of 2025 was conducted in two phases, indoor and outdoor. Indoor items were conducted on 08/3/2025. The sports programme started with an ambulant and rambuler march past, aligned by the entire students of LLCON at 8 am. Mr.Ramdas K.G , sub-inspector of kidangoor police station, and Mr.Sojan were invited for the function.



## ARTS DAY CELEBRATIONS- അരങ്ങം 2K25

On 18th and 19th March 2025, the Arts Day celebrations **അരങ്ങം 2k25** were conducted with great enthusiasm. The programme was inaugurated by Mr. Anu Padmanabhan, J. C. Daniel Award winner, and the presidential address was delivered by Dr. Sr. Joseena SVM, Principal, Little Lourdes College of Nursing. The event showcased the creativity and talents of the students through various cultural and artistic performances. The 7th semester students emerged as the winners, securing the Overall Championship Trophy.





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Lat 9.682972° Long 76.612929°  
18/03/2025 11:08 AM GMT +05:30

Kidangoor, Kerala, India

Kidangoor, Kerala, India

Kidangoor, Kerala, India  
Mjm6+cr9, Kidangoor, Kerala 686572, India  
Lat 9.682971° Long 76.61293°  
19/03/2025 11:27 AM GMT +05:30

## MISTER AND MISS LLCON 2025

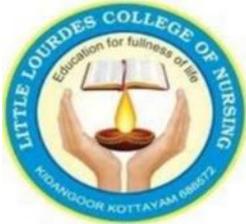


**Mr. C. Akshay & Miss Anakha Baby**

**2021 batch BSc Nursing**

## ADD ON COURSE- ARTIFICIAL INTELLIGENCE IN EDUCATIONAL TECHNOLOGY

On 20.02.2025, an add-on course on Artificial Intelligence was organized by LUA AI Learning Academy for the students of our college. The session provided students with insights into emerging AI technologies and their applications, enhancing their knowledge and skills beyond the regular curriculum.



Add on Course

# ARTIFICIAL INTELLIGENCE IN EDUCATIONAL TECHNOLOGY

by LUA AI Learning Academy

Beneficiaries : VII Semester BSc. Nursing Students



## SCHOOL HEALTH PROGRAMME AT GOVT. UPS CHEMPILAVU

On 10.02.2025, as part of the Community Health Nursing initiatives, a school health programme was conducted at Government UPS Chempilavu. The programme focused on promoting healthy habits among young minds, aiming to instill the importance of hygiene, nutrition, and overall well-being. By empowering children with knowledge and awareness, the initiative emphasized the role of investing in the health of the younger generation to build a stronger and healthier community for the future.



## PALLIATIVE CARE DAY PROGRAMME

On 18.01.2025, Palliative Day was celebrated in collaboration with the Palliative Care Unit of LLM Hospital. The programme highlighted the importance of compassionate care for patients with chronic illnesses and emphasized the need for holistic support to improve their quality of life. Students and staff actively participated, making the event meaningful and impactful.



## WORLD CANCER DAY CELEBRATION

On 04.02.2025, World Cancer Day was observed at CHC Koodalloor, organized by the 6th semester (2022–23 batch) students of Little Lourdes College of Nursing. The programme aimed to create awareness about cancer prevention, early detection, and the importance of healthy lifestyle practices



## LEPROSY DAY CELEBRATIONS

On 30.01.2025, World Leprosy Day was observed by the 6th semester students of Little Lourdes College of Nursing in coordination with CHC Koodalloor. The programme aimed to spread awareness about leprosy, its prevention, and the importance of early treatment to reduce stigma and promote community health.



# STUDENTS GOT DISTINCTION IN UNIVERSITY EXAMINATIONS

## 6<sup>TH</sup> SEMESTER B.SC NURSING



## 5<sup>TH</sup> SEMESTER B.SC NURSING



**3<sup>RD</sup> SEMESTER B.SC NURSING**



**1<sup>ST</sup> SEMESTER B.SC NURSING**



**Nandana Sunil Nair**

**TOPPERS**



**Teena Manju Manalel**



**Sona Paul**

**CONGRATUALTIONS STUDENTS FOR YOUR 100% RESULT  
2022 BATCH**



**EDUCATIONAL VISIT TO MILMA UNIT**

On 23.01.2024, the 5th semester students of our college visited the Milma Unit at Vadavathoor as part of their curriculum. The visit provided the students with practical exposure and insights into the functioning and management of the dairy unit, complementing their academic learning.



## CERVICAL CANCER AWARENESS PROGRAMME

On 21.01.2025, the 6th semester students of our college conducted a Cervical Cancer Awareness Programme at Punnathura HSS, Kottayam. The session aimed to educate students on the importance of early detection, prevention, and healthy lifestyle practices to reduce the risk of cervical cancer.



## LAMP LIGHTING CEREMONY OF 2024 -25 BATCH



## STUDENTS SENSITIZATION PROGRAMME

On 26.02.2025, a Student Sensitization Programme on Quality Assurance was organized by the QAS Cell for the students. Sr. Amal SVM, Ms. Anajo Jose, and Ms. Santy John led the orientation sessions, providing valuable insights into the Quality Assurance process. The programme helped students understand the importance of maintaining quality standards in academics and institutional practices.

# "STUDENTS SENSITIZATION PROGRAMME ON QAS"

Organized By  
Quality Assurance Cell



## OXY - PARK IN COLLEGE CAMPUS



## RELAX CORNER AT COLLEGE



*Relax  
Corner*



## LOURDIAN BUDS

### 2021 BATCH



### 2022 BATCH



## 2023 BATCH



## 2024 BATCH



## *The Inspirational Close*

*Remember - College isn't just about classes and deadlines; it's about growth, courage, and discovering who you're becoming. Keep showing up, keep learning, and keep believing in what's possible. Future is yours to shape.*

*As we conclude the 2025, January - June edition, we reflect on the vibrant achievements and milestones that have shaped our institution. From academic accomplishments to memorable activities, each highlights showcases the talent, dedication and spirit of our students along with our staff and other authorities. We look forward to continue this journey together, while celebrating each forward. Thank you for being a part of our institution, here's to another successful chapter ahead.*