



DR. SR. JOSEENA
PRINCIPAL

From Principals Desk

Dear Students, Faculty, and Esteemed Readers,

It is with immense pride and great pleasure that I extend a warm welcome to you through the pages of our Nursing College News Letter. This publication serves as a reflection of the dedication, passion, and hard work that all of us, as a community, invest into our journey toward excellence in nursing education and practice.

As healthcare continues to evolve, so do the challenges and opportunities we face as future nurses. This magazine encapsulates the achievements, stories, and experiences that make our college a vibrant learning environment, and I am delighted to share these moments with you. From inspiring student stories to ground breaking academic milestones, each page highlights the commitment to providing compassionate, skilled, and ethical care to those in need.

I encourage every one of you to continue striving for excellence, embracing learning, and above all, making a difference in the lives of the people we serve. Let this News letter be a reminder of how far we've come, and the great heights we are yet to reach.

I hope this News Letter not only serves as a source of pride but also as a source of inspiration for each of us to continue making a meaningful impact in the healthcare sector.

Wishing you all continued success and fulfilment in your nursing careers.

Editor's Message

Let me thank God Almighty for allowing us to bring out our newsletter, Lourdian's News Letter. This bulletin offers a vibrant snapshot of our college's dynamic atmosphere, highlighting a wide range of activities that showcase both academic and extracurricular excellence. The newsletter shines a spotlight on the remarkable achievements of our scholars, who continue to set high standards in their academic pursuits. It also provides an in-depth look at various events held on campus, from thought-provoking lectures to engaging student-run initiatives. This issue underscores the college's commitment to fostering a balanced environment where learning and creativity go hand in hand. Overall, Lourdian's Letter serves as a testament to the vibrant and diverse community we are proud to be a part of. With immense pleasure, we present before you our report.



MS. ANAJO JOSE
ASSOCIATE PROFESSOR

“The secret of getting ahead is getting started.”

INAGURATION OF THE COURSE

The inauguration of the 2024-25 batch of the B.Sc. Nursing course took place on 22nd October 2024. Rev. Fr. Sunny Vengachery, Chaplain of Little Lourdes Mission Hospital, inaugurated the event and delivered an inspiring speech to mark the beginning of the academic year. Following the inauguration, Mr. J.C.S. Radhakrishnan conducted an engaging class for the parents, offering valuable insights on how they can support their children's education. The event set a positive tone for the academic year, fostering a strong sense of community and collaboration among students, faculty, and parents.



The talent day

The Talent Day of the 1st semester, Talenza 2024, was held on 18th November at the college auditorium. Students showcased their talents in an attractive manner, making the event lively and memorable. A highlight of the day was the unveiling of the batch name, "Ryzentronz," which added a unique touch to the celebration. The event not only provided a platform for students to display their skills but also fostered a sense of unity and creativity within the batch. It was a vibrant occasion that set an energetic tone for the upcoming academic journey.



photo

Lamp lighting ceremony

The Lamp Lighting Ceremony for the 12th batch of B.Sc. Nursing students was held on 21st December. The program was inaugurated by Rev. Fr. Jose Nedumgattu, Parish Priest, marking the beginning of a significant chapter in the students' nursing journey. Sr. Anit SVM guided the students as they took their oath, pledging to uphold the values and ethics of the nursing profession. Dr. Sr. Joseena lit the ceremonial lamp and distributed it to the nursing aspirants, symbolizing their commitment to the noble profession of nursing. The ceremony was a heartfelt and inspiring occasion, instilling a sense of responsibility and dedication in the students.



Bridge Course

A Bridging Program for nursing aspirants was conducted during the first week of the course commencement. The program aimed to help students transition smoothly into their academic journey. Sr. Anjitha and her team led a Personality Development session, focusing on enhancing the students' personal and professional skills. The session provided valuable insights into building confidence, communication skills, and self-awareness, setting a positive foundation for their nursing education. The program was well-received and contributed to the overall growth of the students.



Blood Donation - LLM

World Blood Donation Day was celebrated on 14th June at the OPD of LLM Hospital. Mr. Sathi Kumar, CI of Police, Kidangoor, inaugurated the event. The theme for World Blood Donation Day 2024 is "Give blood, give plasma, share life, share often," which highlights the importance of regular blood and plasma donations to ensure the availability of life-saving blood products. The celebration aimed to raise awareness about the significance of blood donation. A special awareness program was conducted by the 3rd semester B.Sc Nursing students, who effectively communicated the message through a role-play presentation. The event provided valuable insights into the importance of voluntary blood donation in saving lives. The program concluded with participants being encouraged to actively contribute to blood donation efforts in the community.



Fun Time

A Picnic to Wonderla by 3rd Semester Students



Food fest

The NSS unit organized a vibrant food fest on 25th September, where the V Semester students took charge of the event's leadership. A variety of food items were prepared and sold, drawing enthusiastic participation from the college students. The event also featured a fun game that entertained attendees, adding to the festive atmosphere. The function was officially inaugurated by the Principal, Dr.Sr.Joseena who expressed enthusiasm for the event. The food fest was conducted exclusively for the college students, and everyone actively participated, making it a memorable occasion.



Sukrutha Proggmme



On 21st November 2024, as part of the Sukrutha program, 39 NSS volunteers along with 2 teachers visited the Kavalipuzha Mini Beach in Kidangoor. The volunteers engaged in beach sanitation activities from 3 pm to 5 pm, focused on cleaning the area and promoting environmental awareness. Mr.Ramesh, a local social worker, guided the program, offered advice and support throughout the event. This initiative aimed not only to improve the cleanliness and aesthetics of the beach but also to encourage greater community involvement in environmental conservation. The volunteers showed a strong commitment to social responsibility and environmental protection, making the program a success.

Navajeevan Trust Visit

On 12/07/2024 NSS volunteers the Navajeevan Trust Palliative Care Unit from 9 am to 2 pm, under the supervision of two faculty members. The visit was guided by Mr. P. U. Thomas and his team, who provided valuable insights and support throughout the event. During the visit, the volunteers contributed personal care items to assist the patients at the unit. In addition, a monetary donation of Rs. 5000 was provided to help further the unit's efforts. The visit was a meaningful gesture of support, showcasing the volunteers' commitment to community service and care for those in need.



WORLD HEART DAY

On 28th September 2024, World Heart Day was celebrated by the 4th semester BSc Nursing students at the Ettumanoor Bus Stand to raise public awareness about heart health. The inauguration and theme unveiling were conducted by Mrs. Lovely George, the Municipality Chairperson of Ettumanoor. The event began with a lively flashmob, followed by informative sessions led by Sr. Anija SVM, Joint Director of LLM Hospital, Sr. Joseena, Principal of LLCON, and Sr. Starley SVM, Vice Principal of LLCON. CPR demonstrations were held, and blood pressure monitoring was provided to those who requested or needed it. The event was a great success in promoting heart health awareness within the community.

International Geriatric Day

The NSS unit celebrated International Geriatric Day with a special event to raise awareness about the elderly. Sr. Jani SVM conducted an informative class, sharing valuable insights on geriatric care and issues faced by older adults. The event also included a pledge, which was led by Ms. Aasa Mary Varghese, encouraging everyone to support and respect the elderly in our communities. The celebration aimed to promote better understanding and care for senior citizens. It was a meaningful session, fostering a sense of responsibility towards the elderly population.



A Jolly Day Portrait



*"If you want to live a happy life, tie it to a goal, not to people or things."
Albert Einstein*

Awareness Class on Mental Health

#Worldmentalhealthday



World mental health day celebrations by 6th semester students

World Mental Health Day

In observance of World Mental Health Day 2024, 6th semester BSc Nursing students organized an awareness program at OPD of LLM Hospital aimed to educate patients, families, and healthcare professionals on the importance of mental health. This year's theme focused on "It's Time to Prioritize Mental Health," with an emphasis on improving awareness and reducing stigma around mental health issues. The program was inaugurated by Sr. Sunitha SVM, Hospital Director. The event featured role play activities where participants acted out real-life mental health scenarios, fostering empathy and understanding. It was a successful initiative that fostered a deeper understanding of mental health among participants.

Community Mental Health Awareness Program



Informational pamphlets and resources were distributed, offering support options and coping strategies to prioritize their mental health. The program was well-received, reinforcing the message that taking care of one's mind is just as important as caring for one's body.

Mental Health Nursing Department of Little Lourdes College of Nursing hosted a special mental health awareness program for all parishioners on 15/12/2024 at 08.30am in St. George's Knanaya Catholic Church, Mannoor, Mattakkara. It focused on the importance of mental well-being and measures for better mental health care. The program was inaugurated by the Parish Priest Rev. Fr. Cyriac Mattathil. The event featured a series of talks and various programs by VI Semester B. Sc Nursing students and experts who discussed common mental health challenges and offered practical advice on managing stress, anxiety, and depression. Interactive discussions allowed parishioners to share their experiences, fostering a sense of community and support.

“You are worthy of
happiness and peace of
mind.”

FAREWELL CEREMONY

On 14th December 2024, SNA celebrated a heartfelt farewell ceremony “Pack Up” for 2020-21 Batch students as they prepare to embark on new journeys. The event was attended by faculty, staff and fellow students. The atmosphere was a mix of joy, nostalgia and a tinge of sadness. VI semester students opened the ceremony with a warm and engaging speech, highlighting Xanthron’s key accomplishments and the positive impact they had on the team and the organization as a whole. Ms. Archana S Nair reminisced about their activities. The students delivered dumbfounding performances. In the reply speech, they appreciated the stunning performances were given by their juniors.



CHILDREN’S DAY & WORLD PNEUMONIA DAY

Child health Nursing Dept of LLCON joyfully celebrated children’s day along with world pneumonia day on 14/11/2024 in the Paediatric OPD, emphasizing the importance of child health and value. World Pneumonia Day was marked with the theme "Every Breath Counts: Stop Pneumonia in Its Tracks." This theme underscores the critical importance of each breath and highlights the urgent need to combat pneumonia through timely detection, effective treatment, and preventive measures. The event featured with various fun activities of children and inspirational talks by experts. Prizes were awarded to the children as a compliment. Both observances serve as calls to action, urging global communities to prioritize children's rights and health. By listening to children and addressing health challenges like pneumonia, societies can work towards a healthier and more inclusive future.



Childrens day programmes at LLM hospital OPD

Various Educational Visits/ knowledge - building tours

Trada De-Addiction Centre Visit. **Special School – St. John of God**



KNMC Visit by 6th Semester students

"The expert in anything was once a beginner."

OUTING AT TRIVANDRUM

A picnic trip by VI Semester B.Sc Nursing students to Thiruvananthapuram included a visit to Lulu Mall, one of the largest shopping destinations in the city. The group enjoyed a city journey aboard a double-decker bus, offering a unique and scenic view of the local landmarks and attractions. This combination of shopping and sightseeing made for an exciting and memorable day.



WORLD FETUS DAY CELEBRATION

The World Fetus Day celebration was held on 29/10/2024 at General Hospital, Pala, by Maternity and Child Health Nursing Department marking a significant event to raise awareness about fetal health and well-being. The theme for 2024 focused on "Nurturing Life from the Start," emphasizing the importance of prenatal care and healthy practices during pregnancy. The event featured an awareness program and exhibition prepared by VI semester B.Sc Nursing Students aimed at educating expectant mothers and the general public on the critical stages of fetal development. Experts and healthcare professionals shared valuable insights on nutrition, regular checkups, and safe pregnancy practices. The program concluded with a Q&A session, allowing participants to address concerns and gain further knowledge on promoting healthy pregnancies.



World fetus day programme

. World Iodine Deficiency Day

World Iodine Deficiency Day 2024 was observed with a special focus on raising awareness about the importance of iodine in preventing health issues, especially in children. Child Health Nursing Department organized an awareness program and exhibition in the pediatric ward of LLM Hospital and GH Pala, where VI Semester B.Sc Nrsing students educated parents and caregivers on the risks of iodine deficiency, such as developmental delays and thyroid problems. The event showcased informative materials, interactive sessions, and demonstrations about the benefits of iodine-rich foods and iodized salt. Free iodine supplements and educational pamphlets were distributed to families, ensuring they had access to necessary resources. The initiative successfully emphasized the need for iodine in the diet, contributing to better public health knowledge and preventative care.





School Health Program

Community Health Nursing Department organized a Personal Hygiene Health Program at St. Thomas LPS, Punnathura as part of the school's health initiative to promote better hygiene practices among students. The session included interactive activities and demonstrations on the importance of handwashing, proper dental care, and maintaining cleanliness in daily life. Students were taught effective techniques for personal hygiene, such as using soap, brushing teeth twice a day, and keeping their surroundings clean. Visual aids and educational pamphlets were distributed to help reinforce the key messages. The program aimed to encourage students to adopt healthy habits that contribute to their overall well-being and prevent common health issues.



Inservice Education

VI Semester B.Sc Nursing students held a class titled 'Educare' on Blood and Cells for I Semester B.Sc Nursing students on 18/11/2024. The program was inaugurated by Dr. Sr. Joseena SVM, Principal. The teaching was enhanced with interactive activities, including 3D models, diagrams, and virtual reality tools. Discussions and quizzes were used to assess comprehension and encourage critical thinking. At the end of each session, students were encouraged to seek clarification and gain further insights into the relevance of anatomy in real-life applications. The program concluded with a valedictory function."



Image :In-service education programme

School Health Program - Vimukthi

The Community Health Nursing Department in association with LLM Hospital organized a school health program, "Vimukthi," on 24/11/2024, aimed at raising awareness about the prevention of substance abuse among HSS students. The program kicked off with a lively flash mob by IV Year B.Sc Nursing students, captivating the audience and emphasizing the importance of the initiative. Followed by, there was an inaugural function, marking the official start of the event. A role play was then performed to educate students on the dangers of substance abuse and encourage healthy lifestyle choices. As part of the event, a first aid kit was handed over to Mr. Shelly Joseph, Principal of St. Mary's HSS, to enhance the school's health resources, and the program concluded with a physical check-up to ensure the students' overall well-being.



Medical Camp & Exhibition - PRAANA



The Community Health Nursing Department, in association with LLM Hospital, organized the program **PRAANA** on 03/01/2024, which was successfully conducted at Sacred Heart Church, Maridom. The event featured a medical camp and an exhibition on respiratory diseases.



The program was inaugurated by the Panchayat President, Mrs. Thresiamma Sebastian, who emphasized the importance of community health. A vibrant flash mob performance entertained the attendees. The exhibition on respiratory diseases was opened by Fr. John Kaniyarkunnel, Parish Priest. It provided valuable information on the prevention and treatment of respiratory conditions, raising awareness among the public. Following the exhibition, doctors from various specialties—gynaecology, general medicine, orthopedics, pediatrics, and dentistry—were present for medical check-ups and offered free health services to all attendees.



മാറിയിടം തിരുഹൃദയ ദേവാലയ വാർഷികത്തിന്റെ ഭാഗമായി കിടങ്ങൂർ ലിറ്റിൽ ലൂർദ്ദ് ഹോസ്പിറ്റൽ നടത്തിയ മെഡിക്കൽ ക്യാമ്പ് പഞ്ചായത്ത് പ്രസിഡന്റ് ത്രേസ്യമ്മ സെബാസ്റ്റ്യൻ ഉദ്ഘാടനം ചെയ്യുന്നു

In-service education programme

An in-service education program, ‘Records and Reports’ was conducted for LLM Hospital staff on 30/07/2024 by IV Year B.Sc Nursing students. The topics were selected based on the results of a need assessment. Free registration was available for delegates, and a pretest was conducted. The program was inaugurated by the Hospital Director, and the theme was introduced following the inauguration. Sr. Amal SVM, Ms. Anajo Jose, and Dr. Ajith Venugopalan served as the resource persons for the sessions. A posttest was conducted upon the completion of the sessions. The program concluded with a valedictory function



World Rabies day

World Rabies Day 2024 was celebrated on 29th September with the theme "End Rabies: Vaccinate to Eliminate." The program was inaugurated by Shri. Thomas Maliyekkal, Kidangoor Grama Panchayat President, highlighted the importance of rabies prevention and awareness. A street play was conducted at the bus bay, where participants showcased the significance of rabies vaccination and the dangers of neglecting prevention. The play aimed to educate the public about the importance of vaccinating pets and taking precautions against rabies. The event concluded with a call to action for the community to work together in eliminating rabies through awareness and vaccination efforts.



Picture: World Rabies day celebrations at Kidangoor Bus Bay

PALLIATIVE CARE

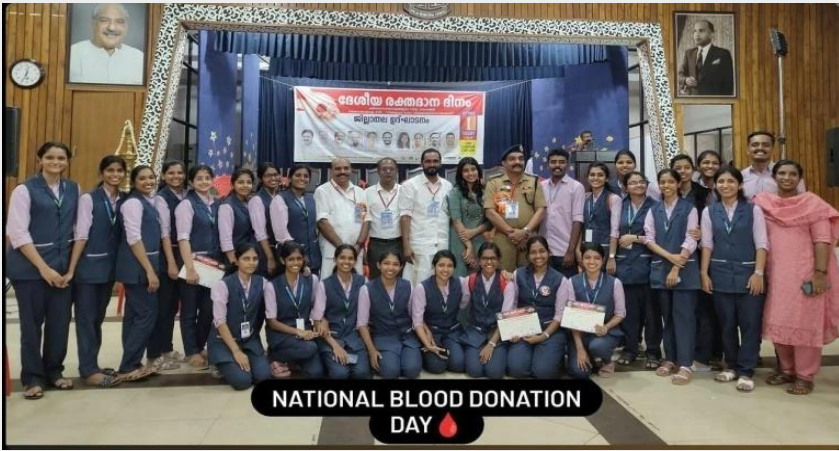


Palliative care services were provided by IV Year BSc Nursing students under the supervision of Mrs. Sheela Rani, JPHN, Koodalloor CHC. Two students were assigned to the posting each day from 8:00 AM to 12:30 PM. They provided direct patient care, include dressing changes, IFC changes, monitoring and recording vital signs, and glucose random blood sugar (GRBS) levels, as well as offered counseling services to those in need, under the guidance of the palliative care staff team.



NATIONAL VOLUNTARY BLOOD DONATION DAY

Little Lourdes College of Nursing participated in the National Blood Donation Day campaign held on 01/10/2024 in collaboration with Pala Government Hospital, held at the Convention Centre in Pala. Dignitaries such as Sri Francis George MP, Sri Mani C. Kappen MLA, Sri Jose K. Mani, and many other eminent personalities were present at the event. Three volunteers from our college donated blood. Blood donors were provided with juice, snacks, and a bag as a token of appreciation. Various colleges and schools also participated in the program.



AIDS DAY PROGRAMME

On 2/12/24, an awareness program on AIDS was conducted by 4th-year BSc Nursing students at the Family Welfare Centre, Koodallore, from 10:30 AM to 11:30 AM. The Medical Officer of CHC Koodallore inaugurated the program, which was based on the theme "The Right's Path." The mode of transmission, causes, symptoms, and preventive measures were demonstrated in the form of a street play. An AIDS Day Oath was taken by the volunteers.



“The time for action is now. It’s never too late to do something.”

Food Pyramid

As part of fulfilling the educational objectives of the Community Health Nursing (CHN) Department, a nutritional awareness program was organized by 4th-year BSc Nursing students on 29/11/2024 at the college. The students prepared a food pyramid to educate their peers on healthy eating habits and balanced nutrition. The program was evaluated by Ms. Anu Paul and Ms. Anajo Jose. The initiative aimed to enhance the understanding of proper nutrition and its impact on health. It successfully raised awareness about the importance of a well-balanced diet among students.



BREAST FEEDING WEEK CELEBRATION



Maternity and Child Health Nursing Department held Breastfeeding Week celebration at Maternity OPD of LLM Hospital with a vibrant awareness program aimed at promoting the benefits of breastfeeding. The program was inaugurated by a distinguished gynaecologist, Sr.Dr. Santhi SVM who highlighted the significance of breastfeeding for both mother and baby. The event featured a lively flash mob by IV Year B.Sc Nursing at the beginning, followed by an engaging role play that demonstrated proper breastfeeding techniques and common challenges. An exhibition was also organized to provide informative materials on the nutritional benefits and health advantages of breastfeeding. The program successfully raised awareness and encouraged more mothers to embrace breastfeeding as the best choice for their infants.

Picnic

The 4th-year B.Sc Nursing students went on a tour to Munmar, where they engaged in an exciting off-road trekking adventure. The trip included an overnight stay, allowing the students to experience the beauty of nature while building team spirit and resilience. The trekking activity provided an opportunity for physical exercise and stress relief, while also fostering a deeper connection with the environment. The tour was both educational and recreational, offering a memorable experience for all participants.



“When you feel like quitting, remember why you started.”

Health Education



A health education session on leptospirosis was conducted by fourth-year B.Sc Nursing students for the local community on 25/10/2024. The session focused on raising awareness about the causes, symptoms, and prevention of leptospirosis, a bacterial infection commonly transmitted through contact with contaminated water or soil. The students emphasized the importance of proper sanitation, use of protective wearing, and avoid exposure to floodwaters. Visual aids and informational pamphlets were provided to enhance understanding and encourage safer practices. The event was well-received, with attendees actively participating and asking questions.

NGO Chaithanya Visit



**Educational Visit / Learning excursion/
Field trip/ Academic visit**



Coir Factory Visit



No Tobacco day



Workshop – Mental Health Nursing

A state-level workshop was organized by the Mental Health Nursing Department of LLCON on the topic "How to Become a Great Teacher" on 01/06/2024. Dr. Alex George, Assistant Professor, General Education, led the workshop. A total of 35 teachers from various institutions attended the event. The workshop provided valuable insights and strategies to enhance teaching skills. It was well-received by all participants, who appreciated the interactive and informative sessions.



Workshop – Community Health Nursing

As part of youth development, the Community Health Nursing Department organized a workshop on “Reproductive Justice & Health Equity,” emphasizing the importance of equitable healthcare for all. This initiative aims to promote reproductive justice and ensure equal access to health services across communities. The program was inaugurated by Dr. Sr. Selma, Chief Gynecologist, on 26th September 2024. The session was led by Dr. Sisy Jose, Professor at Government College Kottayam. Sixth-semester B.Sc. Nursing students and teachers from various institutions attended as delegates.



Graduation

2019 – 20 batch

On 27th July 2024, the graduation ceremony for the 2019- 20 batch and the college day celebrations were held at the College Auditorium. Adv. Francis George, Member of Parliament, inaugurated the function. Rev. Sr. Immaculate SVM, Superior General of the Visitation Congregation, presided over the event, and Prof. Dr. Jayan James, Principal of Holy Family College of Nursing, Muthalakodam, delivered the convocation address.



College Day

The College Day, held on 27th July, was a vibrant celebration filled with colorful cultural events. Students showcased their diverse talents through a variety of entertainment programs, highlighting their creativity and enthusiasm. Performances included dances, music, and drama, which were met with great applause from the audience. The event provided an excellent platform for students to express themselves and demonstrate their skills. Overall, it was a lively and memorable occasion, bringing the entire college community together in celebration.

Keralapiravi Aakhosham

Kerlapiravi was celebrated at our college with a vibrant Megha Thiruvathira performance by students from all batches, organized by the 2023-24 batch. Sr. Sunitha SVM, Hospital Director, and Sr. Dr. Joseena SVM, Principal, jointly lit the lamp to mark the occasion. Fr. Sunny Vengacheril felicitated the gathering, adding to the event's festive atmosphere. The celebration was a wonderful showcase of unity and cultural tradition.



Jesus Youth

On 30th November 2024, a Jesus Youth program was conducted for all students in the college auditorium. The program aimed to nourish their spiritual health and provide guidance for personal growth. It was a meaningful event that encouraged students to reflect on their spiritual well-being.



Cricket

An inter-institutional cricket match was held on 07/12/24 between LLM Hospital and LLCON, with boys from the college and employees from the hospital as participants. The match fostered a spirit of healthy competition and aimed to raise sportsmanship among the participants. It was an enjoyable event that strengthened the bond between the two institutions.



Motivational class

A motivational class was organized by LLCON on 26th October 2024 for all students to help raise their self-esteem. The resource person for the session was Dr. Alex George, Assistant Professor of General Medicine. The class provided valuable insights and encouragement, inspiring students to believe in their potential and enhance their self-confidence.



Christmas Celebration

Christmas Day was celebrated in our college on 18th December at 3 pm. Fr. Tinesh, Director of KCYL, inaugurated the event. The celebration featured batch-wise competitions, including Pappa Dance and Carol Song, which added a lively and festive atmosphere to the program. Students participated enthusiastically, exhibited their talents, and spread holiday cheer. To mark the occasion, pieces of cake were distributed to everyone, which brought a sweet touch to the celebration. The event successfully brought the college community together and created lasting memories of the joyous occasion.



Onam Celebration

The Onam celebrations in our college were subdued this year due to the natural calamity in Wayanad. The event, celebrated on 13th September, focused on bringing the college community together in the face of adversity. Despite the challenges, a traditional Onam Sadya (feast) was prepared and shared, fostering a sense of unity. The popular tug-of-war event was held on a smaller scale, yet participants showed immense enthusiasm and team spirit. Thiruvathira, the traditional dance, was performed with great joy, reflecting the resilience and festive spirit of Onam. The vibrant Pookkalam (floral designs) was beautifully arranged, symbolizing hope and resilience during these tough times.



Teacher's Day celebration

On 5th September, all the students honored their teachers in celebration of Teachers' Day by presenting them with thoughtful gifts. It served as a token of appreciation for the teachers' guidance and support. The day highlighted the importance of education and the bond between students and their mentors.



SNA Competitions

Our college actively participated in both zonal and state-level educational, arts, and sports competitions, showcasing the talent and skills of our students. The participants excelled in various events, bringing home prizes and accolades, further elevating the college's reputation. Their achievements reflect the dedication and hard work of both students and faculty.



VISMAYAKAZHCHA

On 19th December, a one-day magic show of renowned professional magician, Mr. Joice Mukkudam. was organized for the students. The performance was not only entertaining but also insightful, as Mr. Mukkudam skillfully incorporated moral lessons into his magic tricks. Through his captivating illusions, he highlighted important values of life such as honesty, perseverance, and the power of positive thinking. The show left a lasting impact on the students, encouraging them to reflect on these values in their everyday lives. It was an engaging and thought-provoking experience that blended entertainment with meaningful life lessons.



Staff Picnic:

On 19th November 2024, a staff picnic was organized to Vagamon, with both staff and their children joining the fun-filled trip. The group enjoyed a thrilling time at the Adventure Park, participating in various exciting activities. Afterward, they visited the serene Pine Forest, where the staff captured memorable moments by taking a reel. The natural beauty of Vagamon, along with the company of colleagues and their families, made the trip even more enjoyable. Overall, it was a refreshing and delightful experience that strengthened the bond between staff members.



Independence day celebration

Independence Day was celebrated on 15th August in association with LLM Hospital, marking a significant occasion of national pride. The event was inaugurated by Sr. Sunitha SVM, the Hospital Director, setting the tone for the day’s celebrations. Sr. Joseena SVM, Principal and Fr. Sunny Vengacheril, the Hospital Chaplain, felicitated the gathering, emphasizing the importance of freedom and unity. A variety of patriotic programs, including performances and speeches, were presented by the students, reflecting their love and respect for the nation. The celebration was a memorable occasion that fostered a sense of patriotism and pride among all attendees.



CNE

- Community Health Nursing 24/07/2024
Laughing Disease
- Medical Surgical Nursing 22/08/2024
PRP injection
- Mental Health Nursing 25/09/2024
History collection
- Medical Surgical Nursing 24/10//2024
Baastrup’s disease
- Pediatric Nursing 27/11/2024-
Making mentors
- Medical Surgical Nursing 31/12/2024
Stone man syndrome

ACADEMIC ACHIEVEMENTS

With the grace of God almighty we are able to produce good results. We are proud of yielding the academic achievement for the year 2023 -24 as follows:

| | | |
|--------------|---|-------|
| I semester | - | 95% |
| II semester | - | 97.5% |
| III semester | - | 97.4% |
| IV semester | - | 100% |
| V semester | - | 100% |

"It always seems impossible until it's done" – Nelson Mandela

Achievements of Students



New team members



Sr. Amal SVM
Assistant Professor
Dept. of AHN



Ms. Aasa Mary Varghese
Lecturer
Dept. of CHN



Ms. Nijamol Mohan
Librarian



Ms. Reshma Mathew
Office Assistant

Our Former Staff



Ms. Renuka S
Librarian



Ms. Teena P Prasaman
Office Assistant

Nothing is impossible, the word itself says 'I'm possible'!
Thank you